



Contacting Spiritual Beings: Mediators

Mediators are those special beings whose work is to assist in the flow of spiritual energies between the worlds. This includes healing forces, that is, energies which right imbalances within the individual or collective soul; and what might be termed “sustaining energies” because they preserve or maintain an essential level of wholeness and integration within an individual, group, or community. It may also mean the release of new energy patterns or the revival of certain ancient ones for the good of an individual or group, or even for the immediate benefit of the planet as a whole.

Deep level contact with Mediators has to do with the transmission of spiritual patterns and cosmic powers directly to the collective soul of a nation or culture. In a spiritually based culture Mediators play a similar role to the one usurped by “experts” in the modern West. Of course, the one way is intellectually derived, superficial, transient, haphazard, and



fragmenting. The other way is spiritually derived, powerful, enduring, precise, and unifying. Yet despite the lack of ideal connections with these great beings, our own age is not entirely bereft of contact with them, even at the higher or deeper levels—although this type of work is generally performed within esoteric circles.

Contact with Mediators occurs far more frequently at individualized levels. In Christianity we have the tradition of the Communion of Saints. There have always been shrines which house the bones or other relics of the Saints (although relatively modern abuses of the tradition border on the macabre). For centuries, people have embarked upon pilgrimages to these sacred places, there to seek out the aid or intercession of the Saints. In the classical and ancient worlds the tombs of Heroes and Sacred Kings served a similar function, and in the East we have the tradition of the Boddhisatvas.

The tombs or shrines themselves are important, not so much because they celebrate heroic death or martyrdom, but because they provide nodal points of intersection between the planes. These sacred sites serve as a means for mediating spirits to remain in contact with the physical plane. In some cases the beings become merged with the site dedicated to them, as in the case cited at Mystery Hill in our previous paper.

Some figures are said to sleep within the earth or in certain features of the landscape. These are called Dreamers. Their dreaming or awakening coincides with the containment or release of spiritual/magical power. This is the reality behind the many “Sleeping Giants” of myth and legend, and is the key to understanding folk and fairy tale characters like Sleeping Beauty.

It should be obvious that there is no hard and fast division between the three orders of inner contact. Remember that we are dealing with *relationships* between incarnate humans and spiritual beings. Some of the beings work primarily within one mode of contact (this is especially so with Guides). Others work



through two or even all three forms. There is thus a kind of loose hierarchical structure operating among the three forms of contact. Guardians will often function also as Guides, while Mediators are capable of assuming the roles of both Guardians and Guides.

Mediators, who may appear as ancestral beings, Saints, Magi, Sacred Kings, Archangels, Gods, Goddesses, Heroes, and others, are of tremendous importance for ceremonial or ritual practice. Properly understood, rituals are a powerful means of participating in the mediation of spiritual energies between the worlds.

The art of ritual involves the setting up of inner conduits or channels by means of which psychic or spiritual power will flow into a specialized physical plane matrix. The matrix is usually expressed as a unified, symbolic pattern of the perfected or ideal cosmos. This is why all the old temples, churches, sanctuaries, and sacred sites are designed as idealized models of the cosmos. For those who know how to use it, ritual work is an exceedingly potent method for maintaining harmony or effecting positive change in our lives. But its effective employment requires a bridge that is built from both sides, that is, from both the inner and outer realms. In the outer world it is the responsibility of the initiate to provide a suitable matrix for the run through of energies. On the inner planes it is the work of the Mediators to generate and direct spiritual power into the matrix.

The ritual matrix is a model of the cosmos and as such it is simultaneously a model of the structure of the soul. When the Mediators send the energy into the matrix, it is reflected in the consciousness of those participating in the ceremony. The energies will thus manifest according to the needs and development of the individuals involved. There may, for instance, be a sudden influx of insight, or a feeling of wholeness and power. Or it may be that new circumstances or opportunities will arise within the daily life of an individual.



Ritual work is not for everyone, however, and effective contact can be made with Mediators (as indeed with all spiritual beings) using the less advanced techniques of meditation and imaginative vision.

